

ANTIBIOTICS AS FEED ADDITIVES FOR LIVESTOCK: HUMAN HEALTH CONCERNS

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Antibiotics are defined as a category of natural, semi-synthetic or chemical compound with anti-microbial activity, which is extensively used to control and prevent for infectious diseases in animals and humans, and may be added in the feed as growth promoters to promote the growth and development of animals. Until recently, the main concern about inclusion of antibiotics as supplements in animal feeds is connected to antibiotic residues in products (milk, egg and meat) developed from the treated animals. These residues may cause a range of side effects such as immunopathological effects, transfer of antibiotic resistant bacteria to humans, mutagenicity, allergy, hepatotoxicity, reproductive disorders, nephropathy, bone marrow toxicity and even carcinogenicity. One of the most significant adverse effect of antibiotic residues is the transfer of antibiotic resistant bacteria to the humans due to the mobile properties of resistance. The rising use of antibiotic consumption in India is reflected through emerging drug resistance problem and regulations for the use of antibiotics in animals and human are still very poor. The unnecessary use of antibiotics in food producing animals is contributing to the antibiotic resistance development in zoonotic bacteria. Because of these detrimental effects, it is essential to regulate the antibiotic use in food animals. Farmers and veterinary practitioners should be aware of the problem through education by authorities. Now-a-days there are good number of alternatives to antibiotics use; such as probiotics, prebiotics, herbal additives, organic acids, enzymes, active plant metabolites etc. which may boost production performance and immunity of the livestock and poultry without any adverse effect.

Key words: Additives, Animal, Antibiotics, Humans, Resistance

Introduction

The word antibiotic means “against life”. Antibiotics are defined as a category of natural, semi-synthetic or chemical compound with anti-microbial activity, which is extensively used to control and prevent for infectious diseases in animals and humans, and added in the feed as growth

promoters to promote the growth and development of animals (WHO, 2015). The discovery of the beneficial effects of antibiotics as feed additive on growth promotion was accidental. The growth promoter effect of antibiotics was revealed in the 1940s. Once it was observed that animals fed dried mycelia of *Streptomyces*

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aureofaciens containing chlortetracycline residues enhanced their growth (Castanon, 2007) and within five years the addition of growth promoting antibiotics has become a common practice. Increasing antibiotic use is driving an increase in antibiotic resistance, in both humans and animals. Because resistant bacteria can be transmitted between humans and animals through contact, food products and the environment. More antibiotics are used in animal than in humans, more often to promote growth or prevent diseases than to treat sick animals (Center for Disease Dynamics, Economics & Policy Report, 2016).

Poultry is one of the most widespread food industry worldwide and it is the fastest growing industry in India. Chicken is the most commonly farmed species, world poultry meat production soared from 9 to 120 million tonnes between 1961 and 2016, and egg production shot up from 15 to 81 million tonnes (FAO, 2016). A large diversity of antimicrobials are used to raise poultry in most countries (Landers *et al.*, 2012; Sahoo *et al.*, 2010; Boamah, *et al.*, 2016). Antibiotic resistance (AR) is defined as the ability of an organism to resist the killing effects of an antibiotic to which it was normally susceptible (Madigan *et al.*, 2014) and it has become an issue of global interest. This microbial resistance is not a new phenomenon since all microorganisms have an inherent capacity to resist some antibiotics (Hugo and Russel, 1998). Antibiotic feeding at sub-therapeutic levels in feed may leave antibiotic residues in foodstuffs such as milk, egg and meat.

In India also livestock farms/industries are using several antibiotics as feed additive/growth promoter. These antibiotic residues

may cause various toxic effects such as transfer of antibiotic resistant bacteria to humans, allergy, immuno-pathological effects, nephropathy (gentamicin), bone marrow toxicity (chloramphenicol), carcinogenicity (sulphamethazine, oxytetracycline, furazolidone), mutagenicity, hepatotoxicity, reproductive disorders and even anaphylactic shock in humans (Nisha, 2008; Darwish *et al.*, 2013). The indiscriminate use of such essential antimicrobials in animal production is likely to accelerate the development of AR in pathogens, as well as in commensal organisms. This would result in treatment failures, economic losses and could act as source of gene pool for transmission to humans. In addition, there are also human health concerns about the presence of antimicrobial residues in meat (Mirlohi *et al.*, 2013; Darwish *et al.*, 2013), eggs (Goetting *et al.*, 2011) and other animal products.

Use of antibiotics in food animals as additives

Antibiotics are widely used for therapeutic purpose, prophylactic measure and as growth promoter. The use of antibiotics in poultry and livestock production is considered favorable to farmers and the economy as well because it has generally improved poultry performance effectively and economically but at the same time, the likely dissemination of antibiotic resistant strains of pathogenic and non-pathogenic organisms into the environment and their further transmission to humans via the food chain could also lead to serious consequences on public health (Apata, 2009). Predominantly, the use of antibiotics as growth and feed enhancers is linked with economic gains.

Table 1. Summary of antibiotics registered for use as growth promotants in Australia, the EU and the USA

Class	Antibiotic	Australia	EU	USA
Arsenicals	3-Nitro-arsonic acid and others	Pigs, poultry		Pigs, poultry
	Penicillin			Pigs
β -Lactams				
Glycopeptides	Avoparcin	Pigs, meat poultry, cattle	Suspended 1996	
Lincosamides	Lincomycin			Pigs
	Erythromycin			Pigs
	Kitasamycin	Pigs		
	Oleandomycin	Cattle		
Macrolides	Tylosin	Pigs	Suspended 1999	
	Spiramycin		Suspended 1999	
Oligosaccharides	Avilamycin		Pigs, meat poultry	
Pleuromutilins	Tiamulin			Pigs
Polyethers (ionophores)	Lasolocid	Cattle	Pigs	
	Monensin	Cattle		
	Narasin	Cattle		
	Salinomycin	Cattle, pigs		
Polypeptides	Bacitracin	Meat poultry	Suspended 1999	Pigs, poultry, cattle
Quinoxalones	Carbadox			Pigs
	Olaquinox	Pigs		
Streptogramins	Virginiamycin	Pigs, meat poultry	Suspended 1999	Pigs, poultry, cattle
Tetracyclines	Tetracycline			Pigs, poultry, cattle
Bambermycins	Flavophospholipol	Pigs, poultry, cattle	Poultry	

(World Health Organization, 1997; JETACAR, 1999)

Van Boeckel *et al.* (2015) demonstrated ranking of antibiotics usage in food animal according to countries. With a percentage of 23% china is the first country in using antibiotics in food animals. The order of the other countries was as follows: United States (13%), Brazil (9%), India (3%) and Germany (3%). Zhang *et al.* (2015) reported that China consumed over 84200 tonnes of antimicrobials in food animal production in 2013, which suggests that China may be the largest consumer of antimicrobials in animal production in the world. According to an estimate, of the total antibiotics manufactured in the United States, about 60% to 80% are used as a feed additives for healthy animals in subtherapeutic concentrations (Mellon *et al.*, 2001).

History: The growth promotant effect of low levels (sub-therapeutic) of antibiotics in animal was discovered in 1940s, when it was observed that animal fed dried mycelia of *Streptomyces aureofaciens* containing tetracycline residues improves their growth (Stokstad *et al.*, 1949). The mechanism of action of antibiotics as growth promoters is connected to interactions with intestinal microbial population (Dibner and Richards, 2005; Niewold, 2007). Table-1 indicated the growth-promotant antibiotics registered for use in USA, Europe and Australia. A less wider range is used in the Australia or Europe than USA. Swann Report (Swann, 1969) indicated the impact of antibiotic use of animals on human health and established the response to multidrug-resistant *Salmonella* in the 1960s; it concluded that growth promotion with antibiotic used for human therapy should be banned. One of the first ban on antibiotic growth promoter (AGP) use was that imposed on tetracycline by European Common Market in 1970s.

The main expected consequence of the ban is a decrease amount of antibiotics use in food animals production; therefore, the risk of antibiotic resistance transmission through food chain may be reduced. Prior available research data suggested that the growth promoter ban has driven an increase in infections and consequently, substantial enhanced in the use of therapeutic antibiotics for food animals in Europe, but the ban also decreased overall antibiotic use in animal (Casewell *et al.*, 2003).

Benefits: Use of antibiotics in food production in animals was mainly for some benefits like well being of animals, quality and growth efficiency, feed efficiency enhancers, economic production, carcass quality and public health (Van Boeckel *et al.*, 2015). Small doses of antibiotics could increase the rate of weight gain and 'feed efficiency' of animals which was first noted in the 1940s, and though the exact mechanism was not well understood, the practice gained widespread use soon after (Dibner and Richards, 2005). Most of the growth promotants are active against Gram-positive organisms (Table-2).

Livestock is responsible for over a fourth of India's total agricultural output, and 4 percent of the gross domestic product (GDP). India is one of the top consumers of agricultural antibiotics worldwide, accounting for 3 percent of global consumption. By 2030, this use is estimated to double (Center for Disease Dynamics, Economics & Policy Report, 2016). Van Boeckel *et al.* (2015) estimated that annually, 45 mg/kg, 148 mg/kg and 172 mg/kg antimicrobials are consumed to produce each kilogram liveweight of cattle, chicken, and pigs, respectively. In the United States, approximately 80 percent of all antibiotics

Table 2. Antibacterial activity of growth promotant antibiotics

Class of antibiotic	Commonly used growth promotants	Mode of action
Arsenicals	3-Nitro-arsonic acid	DNA effects?
β-Lactams	Penicillin G	Gram-positive cell-wall synthesis
Glycopeptides	Avoparcin	Gram-positive cell wall synthesis
Lincosamides	Lincomycin	Inhibit protein synthesis in Gram-positive bacteria
Macrolides	Erythromycin, tylosin, kitasamycin, oleandomycin, spiramycin	Inhibit protein synthesis, principally in Gram-positive bacteria
Oligosaccharides	Avilamycin	Inhibit protein synthesis in Gram-positive bacteria
Pleuromutilins	Tiamulin	As for macrolides
Polyethers	Monensin, lasolocid, narasin, salinomycin	Affect bacterial cell permeability, active against Gram-positive bacteria
Polypeptides	Bacitracin	Gram-positive cell-wall synthesis
Quinoxalones	Carbadox, olaquinox	Inhibit bacterial DNA synthesis and denature pre-existing DNA; active against anaerobes
Streptogramins positive	Virginiamycin	Inhibit protein synthesis in Gram-bacteria
Tetracyclines	Tetracycline	Inhibit protein synthesis; broad spectrum
Bambermycins	Flavophospholipol	Interferes with cell wall synthesis in Gram-positive bacteria

(Barton, 2000)

consumed are used in the livestock sector (Food and Drug Administration, 2010). The amount of antibiotics given to animals for nontherapeutic reasons, including prophylaxis (also referred to as ‘metaphylaxis’) and growth promotion (AGPs), far outstrips the volume used to treat disease, though exact figures are lacking (Center for Disease Dynamics, Economics & Policy Report, 2016).

Antibiotic growth promoter are used to

improve productivity and enhanced economic returns to farmers (Taylor, 1999). Antibiotic growth promotants (AGPs) have been shown to constantly improve feed efficiency and body weight gain in growing pigs, specifically during the nursery phase (Gaskins *et al.*, 2002). Previous research showed improvements on growth rate and feed conversion in piglets of 9±30% and 6±12%, respectively (Thomke and Elwinger, 1998) due to use of antibiotics as growth

promoter. The stressors (separation from the sow, re-mixing and changes in diet) compromised the immune system of the pigs (Campbell *et al.*, 2013), making pigs more vulnerable to infectious agents. One of the simplest ways of tackling this problem is the practice of prophylactic antibiotics administered via the feed which is the simple way of avoiding the risk of disease in weaned pig. The use of antibiotics as growth promoters in poultry has been widely practiced in the poultry industry since early 1950's (Markovic *et al.*, 2009; Eseceli *et al.*, 2010). Currently, there is controversy surrounding the use of antibiotic growth promoters due to increased public concern over the adverse and undesired residues in animal products i.e., meat, milk, eggs and the development of resistance in microorganisms and the harmful effects on human health. Many studies have shown no weight gain difference in broilers fed an AGP diet in the absence of health problems (Denev, 2006; Naveen *et al.*, 2017).

Antibiotic growth promoter improved broiler growth performance and reduce the populations of potentially-pathogenic organisms such as *Clostridium perfringens*, *Salmonella* and *E. coli* (Hume, 2011). However, the risk of developing cross-resistance and multiple antibiotic resistance in human pathogenic bacteria, which could result in proliferation of antibiotics-insensitive bacteria, has led to the ban or severe limitations of the use of antibiotic growth promoter in many countries. Antibiotics as growth promoters have been banned in the European Union since January 1, 2006 (Castanon, 2007) to reduce the development of antibiotic resistance and transfer of these genes from animal to human beings

Ionophores (such as monensin, lasalocid, laidlomycin, salinomycin and narasin) are antimicrobial compounds that are commonly fed to ruminant animals to improve feed efficiency. In cattle, monensin has been marketed as a propionate (the most efficiently utilized gluconeogenic VFA) enhancer and methane inhibitor (Dinius *et al.*, 1976; Tedeschi *et al.*, 2003). By the treatment of monensin the ruminal methane production is decreased by 30% (Johnson and Johnson, 1995). Many propionate-producing ruminal bacteria like *Selenomonas ruminantium*, *Megasphaera elsdenii* are not inhibited by monensin (Callaway and Russell, 1999). Additional benefits of monensin usage include a reduction of dietary protein deamination, ensuing in less ammonia urinary excretion (Russell and Strobel, 1989) and reduction in lactic acid production (Dennis *et al.*, 1981) which results decrease in liver abscesses (Nagaraja and Chengappa, 1998) and ruminal acidosis (Russell and Strobel, 1989). The increase in nitrogen retention and energy availability improve the efficiency of feed utilization by the ruminant animal and thus enhanced animal productivity and production profitability due to monensin addition (Russell and Strobel, 1989). A recent study by Gupta *et al.* (2019) concluded that monensin supplementation at 0.6 mg/kg body weight in growing heifers enhanced feed efficiency and daily gain while it reduced enteric methane production which can reduce feedlot time and consequent life time CH₄ production.

Problems associated with antibiotic use in animals

Antibiotic residues: European Union (EU) defines residues as “pharmacologically

active substances (whether active principles, recipients, or degradation products) and their metabolites which remain in foodstuffs obtained from animals to which the veterinary medicinal products in question have been administered". Antibiotic residues in foodstuff is a serious concern because of the possible threat to human health.

Allergic reactions (penicillin) are one of the most adverse effects of antibiotics in food. The bulk of information is related to hypersensitivity of penicillin, aminoglycosides and tetracyclines (Katz and Brady, 2000). Unfortunately, the long term effects of antibiotics on human health have not been known yet. Prior research suggested β -lactams as less toxic antibiotics. However, the literature review shows that they were responsible for the most of reported allergic reactions due to antimicrobials in humans (Davies and Davies, 2010). Idiosyncratic reactions like skin rashes, allergy and phototoxic dermatitis have been reported depending on the use of tetracyclines (Yates and deShazo, 2003). Presence of low level of antibiotic residues in milk, meat and egg causes microorganism to be resistant against antibiotics. Other pathological conditions reported are immuno-pathological effects, carcinogenicity (sulphamethazine, oxytetracycline, furazolidone), mutagenicity, teratogenicity, disturbances in the normal intestinal environment, nephropathy (Gentamicin), hepatotoxicity, bone marrow toxicity (chloramphenicol) and various reproductive disorders (Nisha, 2008).

Only a small proportion of animal derived foods are consumed as raw food; therefore, cooking and freezing process are very important for reduction of antibiotic residue

in food (Katz and Brady, 2000). However these processes are not enough for removal of antibiotics residue. The heat treatment of animal foods may inactivate antibiotics (Darwish *et al.*, 2013). Many studies reported that degradation of quinolones, β lactams, macrolides, aminoglycosides, sulphonamides and tetracyclines are temperature dependent and prolonged heating time helps to induce more degradation (Tian *et al.*, 2017). UV irradiation, resin and activated charcoal might be beneficial in antibiotic inactivation (Nisha, 2008).

Antibiotic Resistance: One primary problem with use of antibiotic in intensive livestock systems is that it has been related with antibiotic resistance (ABR). Uncontrolled use of antibiotics has led to loss of efficacy of the antibiotics known as "Antibiotic Resistance (ABR)". Antibiotic resistance has been defined as "the capacity of an organism to resist the killing effects of an antibiotic to which it was earlier susceptible." In simple terms, this means that infectious diseases which were once easily curable can now prove to be fatal due to the transmission of resistant microbes among the individual via direct contact or indirectly by exchange of resistant genes in the environment (Mahalmani *et al.*, 2019). WHO (2014) has declared it a risk for both human and animal health. European Union has applied ban of antibiotics as growth promoters in 2006 and this ban was important in reducing antibiotics use. Some authors have also suggested that withdrawal of prophylactic antibiotics is not necessarily related with negative effects on production (Postma *et al.*, 2017). European Food Safety Authority (EFSA) recommends that bacterial strains harboring transferable antibiotic

resistance genes should not be used in animal feeds, fermented and probiotic foods for human use (EMA and EFSA Reort, 2017). A major global public health issue is emergence of ABR along the food chain, with prior research suggests that food animals and products being colonized and/or infected and contaminated by antibiotic-resistant strains; such as antibiotic-resistant *Campylobacter* spp. (Ewnetu and Mihret, 2010), methicillin-resistant *Staphylococcus aureus* (MRSA) (Price *et al.*, 2012), and extended spectrum- beta-lactamase (ESBL) producing-Enterobacteriaceae (viz. *Salmonella* spp., *Shigella* spp., *Klebsiella* spp., *Escherichia coli*, etc.; Fischer *et al.*, 2012; Al Bayssari *et al.*, 2015). Currently, some countries still use antibiotic as growth promoter without strict regulatory mechanism.

Emergence of antibiotic resistance in India: India is a developing country where factors such as poor sanitation, poor nutrition, and overcrowding are the main causes for the development of infections; and therefore, there is an extensive use of a large number of antimicrobials to raise the poultry. Misuse of antibiotics in poultry farms is leading to a proliferation of multi-drug resistant bacteria. To make matters worse, these bacteria are now spreading in the environment because of unsafe disposal of poultry litter and waste in agricultural fields – this has a potential to infect human beings: says a new study from Centre for Science and Environment (CSE), 2017). The study conducted by CSE's Pollution Monitoring Laboratory, collected samples of litter and soil from in and around 12 randomly selected poultry farms. These were located in four key poultry-producing states in North India – Uttar Pradesh, Haryana, Rajasthan

and Punjab. A total of 217 isolates of three types of bacteria – *E. coli*, *Klebsiella pneumoniae* and *Staphylococcus lentus* – were extracted and tested for resistance against 16 antibiotics. Ten of these antibiotics have been declared Critically Important (CI) for humans by the World Health Organization (WHO). The study further exposed that 100% of the *E. coli*, 92% of *K. pneumoniae* and 78% of *S. lentus* isolated were found to be multidrug resistant. The conclusion of results was that poultry farms are reservoirs of multi-drug resistant bacteria and that resistance is moving from farms to agricultural fields in the case of *E. coli*. This showed that multi-drug resistant *E. coli* produced in the poultry were gaining entry into the environment through litter (Khurana *et al.*, 2017). Samples of raw food were taken from different parts of a metropolitan city (Chennai) in India. Out of 110 samples in total, 46.4% had colistin resistance organisms (Ghafur *et al.*, 2019).

Tuberculosis (TB) has also become one of the biggest health issues in India. A study conducted by Kumar *et al* (2017) in Hyderabad on *Helicobacter pullorum* isolates found that free range and broiler chickens were resistant to different antibiotics such as fluoroquinolones, cephalosporins, sulfonamides and macrolides. Therefore, use of animal food containing such resistant drugs would certainly cause an interference in the therapy of TB as some of these drugs are second-line drugs in TB therapy.

Microbes such as carbapenem resistant Enterobacteriaceae and methicillin resistant *Staphylococcus aureus* (MRSA) have become a global problem. The rising use of antibiotic consumption in India is reflected through emerging drug resistance problem

and regulations for the use of antibiotics in animals and human are still very poor.

Regulatory control to use antibiotics

The American Medical Association, the World Health Organization (WHO) and the American Public Health Association have urged a ban on growth promoting antibiotics arguing that their use leads to various health problems in humans (Graham *et al.*, 2007). Between 1st January 2014 and 31st December 2016, the FDA implemented a voluntary plan with the pharmaceutical industry to phase out the use of antibiotic growth promoters (FDA, 2013). However, the evidence so far is that farmers may switch to using more antibiotics for routine disease prevention and control, as occurred in the European Union when growth promoters were phased out between 1997 and 2006. In contrast, routine preventative mass medication is no longer practiced in the Nordic countries (Denmark, Finland, Iceland, Norway and Sweden) and the Netherlands, demonstrating that such practices are not necessary. The United States Department of Agriculture published an Antimicrobial Resistance Action Plan in 2014 (USDA, 2014). However, the action plan lacks serious ambition and does not include any proposals to ban routine preventative use, nor to introduce targets for reducing antibiotic use nor even to collect nationwide statistics on actual farm antibiotic use. The National Antimicrobial Resistance Monitoring System for Enteric Bacteria (NARMS), established in 1996, is a collaboration among state and local public health departments, CDC, the U.S. Food and Drug Administration (FDA), and the U.S. Department of Agriculture (USDA). This national public health surveillance system tracks changes in the antimicrobial susceptibility of certain enteric (intestinal)

bacteria found in ill people (CDC), retail meats (FDA), and food animals (USDA) in the United States.

Most of the developed countries have banned the use of certain antibiotics in agriculture. Legislation regarding the control of antibiotic residues in animals and their products were given in European Union (EU) Council Directive 96/23/EC (EC, 2012). Subtherapeutic doses of antibiotic usage in food animals has been banned in the EU countries. In 1985, the use of antibiotic in animal feed was banned in Sweden. The use of avoparcin in Denmark was prohibited in 1995, followed by a ban on virginiamycin in 1998. Four growth promoters (zinc bacitracin, virginiamycin, tylosin phosphate and spiramycin) and avoparcin was banned by EU in 1997. In 1998 the use of all antimicrobials for growth promotion was stopped by Danish Food Industry (Willis, 2000). In 2005, use of enrofloxacin in food animals was banned by Food and Drug Administration (FDA), USA due to the increased levels of fluoroquinolone-resistant *Campylobacter* sp (Huyghebaert *et al.*, 2011). Against legal prohibitions on use of antibiotics in many countries, still wide use of most of the antibiotics is going on for promotion of growth and treatment or prevention of diseases (Muaz *et al.*, 2018). It is estimated that antibiotics utilization will increase by 67% within 2030, and almost twice this increase in countries such as India, China, Brazil, South Africa and Russia (Van Boeckel *et al.*, 2015).

The Feed Additives Regulation completed measure with the total ban on antibiotics as growth promoters from January 1, 2006. The following 4 substances were removed from the EU Register of permitted feed additives:

Table 3. Recommendations/Policy by organizations to address the use of antibiotics and antibiotics resistance in livestock, poultry and fisheries sectors in India

Year	Organizations	Recommendations/proposals
2007	BIS-Poultry feed recommendation BIS (2007)	Stop use of antibiotic growth promoters with systemic action in poultry feed such as chloramphenicol, doxycycline, tetracycline, nitrofurazone and furazolidone. Stop usage of gut acting antibiotics in five years.
2011	National Policy on containment of AMR (NPCAR, 2011)	Action plan includes enforcement and enhancement of regulatory provision on antimicrobials usage in poultry sector, along with necessary labelling in food. Promote rational use of drugs via education and managerial and regulatory strategy. Advocate the strengthening of diagnostics for AMR monitoring.
2012-2017	National Programme on Containment of AMR (NPCAR, 2012)	Aimed at laboratory-based AMR surveillance system. Strengthen infection control guidelines. Generate awareness among healthcare providers.
2013	Drug Controller General of India (2013) Drugs and Cosmetics Act	Directed the drug manufacturers about administration of antibiotics and their withdrawal period for food-producing animals. Compulsory labelling of withdrawal periods on antibiotics intended for animal use; If this period is not validated, then use following period 'egg or milk (seven days), poultry meat (28 days)'.
2013	National Livestock Policy (2013)	Encouraged States to promote judicious use of antibiotics; however, barely touched antibiotic resistance issue.
2014	DAHD (2014) Department of Animal Husbandry, Dairying and Fisheries, Circular to States	Requested States to advise veterinarians and feed manufacturers about judicious antibiotics use for treatment of ailing food-producing animals, and to stop antibiotics use in feed.
2015	FSSAI (2015)	Suggested veterinary supervision during antibiotics use on animals. Feed for meat producing animals or birds should not include meat, blood meal, bone tissues except milk and milk products. Suggested different slaughterhouses for poultry and livestock animals. Strictly banned AGPs in poultry and meat. Supply licensed antibiotics for tracking antibiotic use.
2017-2022	National Policy on Containment of AMR (NPCAR, 2017)	To provide better awareness and AMR understanding by various trainings, learning and communication. Effective surveillance. Emphasis on infection prevention and control. Primarily focuses on resistance in bacteria.
Aquaculture		
2011	FSSAI (2011)	Tolerance limit for four antibiotics (tetracycline, oxytetracycline, trimethoprim and oxolinic acid) was set for seafoods (shrimps, prawns) and a variety of fish and related products. Ban of several antibiotics as well as other pharmacologically active substances.

- Monensin sodium used for cattle for fattening
- Salinomycin sodium used for piglets and pigs fattening
- Avilamycin used for piglets, pigs for fattening, chickens for fattening and turkey
- Flavophospholipol used for rabbits, laying hens, chickens for fattening, turkeys, piglets, pigs, calves and cattle for fattening

In recent years focus on overcoming the problems of antibiotics resistance has become one of the priority areas of legislation authorities. A list of antibiotics has been published by WHO which cannot be used in animals. Cephalosporins, macrolides, polymyxins, glycopeptides and quinolones are in the list of critically important antibiotics (Muaz *et al.*, 2018).

Regulations in India: Ministry of Health and Family Welfare, Government of India have framed a comprehensive policy, namely, National policy for containment of antimicrobial resistance, 2011 to address the growing problem of multi-drug resistance. The Food Safety and Standards Authority of India (FSSAI), which defined standards for fisheries products through the Food Safety and Standards Regulations (FSSAI, 2011) has amended this regulation in 2017 to include standards for all food-animal products. Under the proposed Food Safety and Standards (Contaminants, Toxins and Residues) Amendment Regulation 2017 the tolerance limit of antibiotics and pharmacologically active substances in food of animal origin will be clearly specified to ensure antibiotic residue in food from animals does not threaten human health. The amended regulation states that for a list of 21 antibiotics the tolerance limit, used

in human beings and animals will be 0.01mg/kg for the following types of foods namely: (i) All edible animal tissue; (ii) Fats derived from animal tissues and (iii) Milk. The amendments prescribe the maximum permissible limits of 21 antibiotics and 77 other veterinary drugs for use in food-animal production. Unfortunately, none of these recommendations have been formalized as laws so far.

Compared to other food-animal production sectors, there are many more rules and standards governing antimicrobial use in aquaculture production, especially because they are meant for exports. The Government of India's Marine Products Export Development Authority (MPEDA) regulates aquaculture production, which includes shrimp. MPEDA has set up 19 ELISA screening laboratories at various centers in the maritime states of India to conduct the pre-harvest testing/screening of the aquaculture products (shrimp/fish) for the presence of antibiotics residues like chloramphenicol and nitrofurans metabolites before the produce is harvested. The MPEDA's list of 20 antibiotics and pharmacologically active substances banned for use in aquaculture include: chloramphenicol, nitrofurans (including: furaltadone, furazolidone, furylfuramide, nifuratel, nifuroxime, nifurprazine, nitrofurantoin, nitrofurazone), neomycin, nalidixic acid, sulphamethoxazole, *Aristolochia* spp and preparations thereof, chloroform, chlorpromazine, colchicine, dapsone, dimetridazole, metronidazole, ronidazole, ipronidazole, other nitroimidazoles, clenbuterol, diethylstilbestrol (des), sulfonamide drugs (except approved sulfadimethoxine, sulfabromomethazine and sulfaethoxyypyridazine), fluoroquinolones and glycopeptides.

The veterinary health certificate required for

exports is issued by Government of India's Export Inspection Council (EIC) under Ministry of Commerce and Industry. The EIC regulates establishments that process fish and fishery products meant for export and also regulates traceability and antibiotic residue for shrimp products. The Council also monitors antibiotic residues in eggs, honey, milk and poultry meat, meant for export. In 2002, new restrictions were placed for antibiotic residue levels in fresh, frozen, and processed fish and fishery products intended for export. The amendment includes maximum residue limits for tetracycline, oxytetracycline, trimethoprim, and oxolinic acid, and it prohibits the use of certain antibiotics in units processing all types of seafood. In 2003, through an amendment to an existing law regulations were introduced on antibiotic residues in eggs and egg products. In 2003, order S.O. 1227(E) prohibited the use of 'antibacterial substances, including quinolones' from the culture of, or in any hatchery for producing the juveniles or larvae or nauplii of, or any unit manufacturing feed for, or in any stage of the production and growth of, shrimps, prawns or any other variety of fish and fishery products without authorization from qualified veterinary surgeons or fishery scientists. In addition, this order bans the following antibiotics from feed, treatment, or use in any stage of production of egg powder for export: chloramphenicol, dimetridazole, metronidazole, nitrofurans, including metabolites of furazolidone and nitrofurazone.

Conclusions

Antibiotics have been used worldwide as feed additives/growth promoters in the livestock and poultry sectors. Contamination of meat, milk and egg with antibiotics is an important health hazard to the consumers. In human medicine antibiotic resistant human pathogens

are a major challenge. Use of antibiotics in food-producing animals has the potential to generate residues in animal products. The most probable reason for antibiotic residues may result from management, such as improper usage, illegal or extra-label antibiotic application. There is limited information on level of antibiotics residue worldwide. It has to be noted that, antibiotics in foodstuffs may be inherently toxic and may have an accumulative effect. Controls on antibiotic use in animals will not only resolve the present problems in human medicine, but may well help to increase the useful life of new class of antibiotics. It is also necessary to strengthen the segregation of antibiotics into those approved for animal use and those for human use. All new antibiotic uses in animal feed should be assessed before licensing for their potential to cause harm to human health and be strongly regulated. Antibiotic use in food animal production constitutes a major contributing factor to antibiotic resistance and thus there should be more research and application on alternative to antibiotic use in food animals. In recent years focus on overcoming the problems by antibiotic resistance has become one of the priority areas of legislation authorities in different countries including India. In order to conserve effectiveness of antibiotics in humans and animals, we have to track rates of veterinary antibiotic use, resistance, and residues through a nationwide surveillance and monitoring system; educate farmers, veterinarians and consumers on the dangers of antibiotic resistance; and phasing out the sub-therapeutic use of antibiotics in animals. Now-a-days there are good number of alternatives to antibiotics use; such as probiotics, prebiotics, herbal additives, essential oils, enzymes, active plant metabolites etc. which may boost production performance and immunity of the livestock and poultry.

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